

BREAKFAST---SERVING TILL 1PM

FRUIT LOAF | w preserves 7(v)

EGGS ON TOAST | poached, scrambled or fried w sourdough 13(v)

BACON & EGGS w sourdough toast 18

SMASHED AVO | roasted mushrooms, avocado, crumbled feta, ciabatta 19(v) add poached eggs (4)

EGGS BENNY | poached eggs, bacon, baby spinach, hollandaise, ciabatta toast 20

GRANOLA BOWL | toasted granola, seasonal fruit, Greek yoghurt, chia seeds, blueberries, honey 16(v)

FRENCH OMELETTE | Mondo ham, mushrooms, spinach, cheddar, Turkish toast 20

BIG FEED | eggs, bacon, breakfast sausage, roasted tomato, sauteed mushrooms, sourdough 25

PANCAKES | buttermilk pancakes, fresh banana, blueberries, maple, whipped cream 17(v)

PORRIDGE | creamy oats, stewed apples, cinnamon, crushed almonds, honey 15(v)

Extras | bacon, smoked salmon, sausage 6 | eggs(2), avocado, mushrooms 4.5

LUNCH---11AM 1:45PM

SOUVLAKI | marinated beef strips, lettuce, tomato, onion, garlic sour cream, pita 17

ROYAL BURGER | homemade beef pattie, American cheddar, bacon, lettuce, bbq aioli, bun, chips 20

CLUB SANDWICH | marinated chicken breast, bacon, lettuce, aioli, multigrain toast, chips 20

FISH & CHIPS | battered snapper fillets, chips, salad of the day 23

STEAK SANDWICH | scotch fillet pieces, onion jam, tomato, lettuce, Turkish panini, chips 22

COLD PRESSED RAW JUICES 8

Summer Jam | Watermelon, strawberry, apple

Green & Lean | Apple, kale, celery, spinach

Floo Fighter | Orange, carrot, pear, lemon, ginger

* please note juices subject to availability.

SMOOTHIES 8.5

Kim' s Kurse | mango, passionfruit, honey, milk of choice

Rupert Beary | raspberries, blueberries, strawberries, honey, milk of choice

Xtreme | banana, oats, dates, honey, milk of choice

* add protein powder to any smoothie \$1